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FOR IMMEDIATE RELEASE

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<http://twitter.com/NFL345>**NFL TRAINING CAMP DATES & LOCATIONS**

Following is the training camp list of sites and rookie and veteran reporting dates:

**AFC**

| TEAM         | SITE   | LOCATION                  | ROOKIES | VETERANS |
|--------------|--|---------------------------|---------|----------|
| Baltimore    | Under Armour Performance Center                | Owings Mills, MD          | 7/19    | 7/26     |
| Buffalo      | St. John Fisher College                        | Rochester, NY             | 7/26    | 7/26     |
| Cincinnati   | Paul Brown Stadium                             | Cincinnati, OH            | 7/25    | 7/27     |
| Cleveland    | Cleveland Browns Training Complex              | Berea, OH                 | 7/23    | 7/26     |
| Denver       | UCHealth Training Center                       | Englewood, CO             | 7/23    | 7/26     |
| Houston      | The Greenbrier                                 | White Sulphur Springs, WV | 7/25    | 7/25     |
| Indianapolis | Indiana Farm Bureau Football Center            | Indianapolis, IN          | 7/24    | 7/29     |
| Jacksonville | Florida Blue Health & Wellness Practice Fields | Jacksonville, FL          | 7/19    | 7/26     |
| Kansas City  | Missouri Western State University              | St. Joseph, MO            | 7/24    | 7/27     |
| LA Chargers  | Jack Hammett Sports Complex                    | Costa Mesa, CA            | 7/29    | 7/29     |
| Miami        | Baptist Health Training Facility               | Davie, FL                 | 7/20    | 7/26     |
| New England  | Gillette Stadium                               | Foxboro, MA               | 7/24    | 7/26     |
| NY Jets      | Atlantic Health Jets Training Center           | Florham Park, NJ          | 7/28    | 7/28     |
| Oakland      | Napa Valley Marriott                           | Napa, CA                  | 7/24    | 7/28     |
| Pittsburgh   | Saint Vincent College                          | Latrobe, PA               | 7/27    | 7/27     |
| Tennessee    | Saint Thomas Sports Park                       | Nashville, TN             | 7/28    | 7/28     |

**NFC**

| TEAM          | SITE  | LOCATION            | ROOKIES | VETERANS |
|---------------|---|---------------------|---------|----------|
| Arizona       | University of Phoenix Stadium                   | Glendale, AZ        | 7/21    | 7/21     |
| Atlanta       | Atlanta Falcons Training Facility               | Flowery Branch, GA  | 7/26    | 7/26     |
| Carolina      | Wofford College                                 | Spartanburg, SC     | 7/25    | 7/25     |
| Chicago       | Olivet Nazarene University                      | Bourbonnais, IL     | 7/19    | 7/26     |
| Dallas        | Marriott Residence Inn                          | Oxnard, CA          | 7/19    | 7/22     |
| Detroit       | Detroit Lions Training Facility                 | Allen Park, MI      | 7/24    | 7/29     |
| Green Bay     | St. Norbert College                             | De Pere, WI         | 7/26    | 7/26     |
| LA Rams       | University of California, Irvine                | Irvine, CA          | 7/26    | 7/28     |
| Minnesota     | Minnesota State University, Mankato             | Mankato, MN         | 7/23    | 7/26     |
| New Orleans   | New Orleans Saints Training Facility            | Metairie, LA        | 7/19    | 7/26     |
| NY Giants     | Quest Diagnostics Training Center               | East Rutherford, NJ | 7/27    | 7/27     |
| Philadelphia  | NovaCare Training Complex                       | Philadelphia, PA    | 7/23    | 7/26     |
| San Francisco | SAP Performance Facility                        | Santa Clara, CA     | 7/27    | 7/27     |
| Seattle       | Virginia Mason Athletic Center                  | Renton, WA          | 7/29    | 7/29     |
| Tampa Bay     | One Buccaneer Place                             | Tampa, FL           | 7/25    | 7/27     |
| Washington    | Bon Secours Washington Redskins Training Center | Richmond, VA        | 7/26    | 7/26     |

Note: The first official practice of training camp for each club at the site designated above is generally held the day after the veteran reporting date.